ANTI-DOPING EDUCATION WEBINAR

For Baseball and Softball National Federations
SIMULTANEOUS TRANSLATION

Traducción en simultáneo en español
WELCOME!
WHO WE ARE

ITA's mission is to protect the health of the athletes and the integrity of international sports competitions. The ITA offers comprehensive anti-doping services, independent from sporting or political powers to International Federations (IFs), Major Event Organisers (MEOs), and all other anti-doping organisations requesting support.
WBSC: DELEGATION OF ACTIVITIES

- Athlete Biological Passport
- Out-of-Competition Testing
- Results Management
- Risk Assessment
- Education
- Therapeutic Use Exemptions
- Test Distribution Planning
- Whereabouts Failures
ANTI-DOPING IN CONTEXT - UNESCO

☑ International Cooperation
☑ Education
☑ Capacity Building
AUDIENCE QUESTION

DOES YOUR NATIONAL FEDERATION HAVE A PERSON RESPONSIBLE FOR ANTI-DOPING?

☑ YES
☑ NO
☑ I DO NOT KNOW
NETWORK AND CAPACITY BUILDING

- WBSC CONGRESS
- NATIONAL FEDERATION ADMINISTRATOR NETWORK
- ACTION – SEND WBSC CONTACT DETAILS
BY THE END OF TODAY’S SESSION, YOU SHOULD...

- Have a good overview of the rules global anti-doping landscape
- Understand Anti-Doping Rules & know which Anti-Doping Rule Violations apply to you
- Understand the anti-doping roles and responsibilities of National Federations
- Be able to describe Principles and Values of Clean Sport and be familiar with the consequences of Doping
- Know how to report doping behaviour
- Understand the support available from WBSC and the resources to assist in anti-doping education
AGENDA

01. The Rules
02. Roles & Responsibilities
03. Anti-Doping Rule Violations
04. Consequences of Doping
05. Principles and Values of Clean Sport
06. Speaking Up
07. Resources/Community
08. Q&A
THE RULES
THE ANTI-DOPING ECOSYSTEM

- World Anti-Doping Agency
- National Anti-Doping Organisations
- International Federations
- International Testing Agency
- Major Event Organisations
- National Olympic Committees
- National Federations
- Laboratories
- Court of Arbitration for Sport
- Law Enforcement
- Athletes Support Personnel
- Athletes
THE RULES

International Standards

WBSC Anti-Doping Rules

National Anti-Doping Organisations' Anti-Doping Rules

THE RULES
Article 18 Additional Roles and Responsibilities of National Federations

Comply with Code, International Standards and WBSC Anti-Doping Rules

Incorporate Rules in National Federation governing documents

Cooperate and support WBSC and National Anti-Doping Organisation (including in Education)
ROLES & RESPONSIBILITIES OF ATHLETE SUPPORT PERSONNEL

21.2.1 To be knowledgeable of and comply with all antidoping policies and rules adopted pursuant to the Code and which are applicable to them or the Athletes whom they support.

21.2.2 To cooperate with the Athlete Testing program.

21.2.3 To use their influence on Athlete values and behavior to foster anti-doping attitudes.

21.2.4 To disclose to their National Anti-Doping Organization and International Federation any decision by a non-Signatory finding that they committed an anti-doping rule violation within the previous ten (10) years.

21.2.5 To cooperate with Anti-Doping Organizations investigating anti-doping rule violations.

21.2.6 Athlete Support Personnel shall not Use or Possess any Prohibited Substance or Prohibited Method without valid justification.
21.3.1 To be knowledgeable of and comply with all anti-doping policies and rules adopted pursuant to the Code and which are applicable to them.

21.3.2 To disclose to their National Anti-Doping Organization and International Federation any decision by a non-Signatory finding that they committed an anti-doping rule violation within the previous ten (10) years.

21.3.3 To cooperate with Anti-Doping Organizations investigating anti-doping rule violations.
ATHLETE RIGHTS AND RESPONSIBILITIES

ITA

WBSC
AUDIENCE QUESTION

THE ATHLETES’ ANTI-DOPING RIGHTS ACT IS...

- ONE OF THE 8 INTERNATIONAL STANDARDS
- THE ONLY ANTI-DOPING DOCUMENT ATHLETES NEED TO BE FAMILIAR WITH
- A DOCUMENT DEVELOPED BY WADA’S ATHLETE COMMITTEE IN CONSULTATION WITH THOUSANDS OF ATHLETES AND KEY STAKEHOLDERS IN ANTI-DOPING
- A LEGALLY BINDING DOCUMENT WRITTEN BY THE WADA EXECUTIVE COMMITTEE
ATHLETES’ ANTI-DOPING RIGHTS ACT

As well as their roles and responsibilities, your athlete also has rights within the anti-doping system.

One key document consolidating the most important Athlete Rights in anti-doping

Based on the 2021 Code and International Standards

Aims to ensure that athlete rights within anti-doping are:

✔ clearly set out
✔ accessible
✔ universally applicable
ATHLETES’ RESPONSIBILITIES

- Know and follow the rules
- Be available for sample collection
- Take the responsibility for what they ingest
- Inform medical personnel of their obligations as an athlete
- Cooperate with Anti-Doping Organisations (WADA, ITA, etc.) and your Sport Federation (WBSC)
PRINCIPLE OF STRICT LIABILITY

The athlete is solely responsible for any substance which is found in their body, regardless of whether there was an intention to cheat or not.
THE PROHIBITED LIST

WBSC
THE PROHIBITED LIST

- Developed by the World Anti-Doping Agency
- Contains the prohibited substances and methods
- Published in October of each year and comes into force on January 1 of the following year

“Athlete Support Personnel shall not Use or Possess any Prohibited Substance or Prohibited Method without valid justification.”
NAVIGATING THE PROHIBITED LIST

Prohibited at all times

Prohibited only during In-Competition

Prohibited in particular sports

NOT APPLICABLE TO WBSC
WHEREABOUTS
AUDIENCE QUESTION

WHEREABOUTS IS:

- WHERE THE ATHLETE IS TRAINING
- WHERE THE ATHLETE IS COMPETING
- WHERE THE ATHLETE TRAVELLING
- ALL OF ABOVE
- NONE OF THE ABOVE
WHAT ARE WHEREABOUTS?

✓ Whereabouts are information provided by a limited number of top elite athletes about their location

✓ Information is provided in the form of quarterly filings as per the requirements of the Anti-Doping Organisation requesting the information

✓ Whereabouts information is uploaded onto a secure platform and can only be accessed by the authorised person acting on behalf of the Anti-Doping Organisations with authority to conduct the OOC Testing
TESTING POOLS

RTP
Full whereabouts requirements

TESTING POOL
Limited whereabouts requirements

TEAM WHEREABOUTS TESTING POOL
Minimal whereabouts submitted by National Federations
ADAMS

The Anti-Doping Administration and Management System (ADAMS) is a Web-based database management tool for data entry, storage, sharing, and reporting designed to assist stakeholders and WADA in their anti-doping operations in conjunction with data protection legislation.
AUDIENCE QUESTION

DO ANTI-DOPING RULE VIOLATIONS APPLY ONLY TO ATHLETES?

☐ YES
☐ NO
ANTI-DOPING RULE VIOLATIONS

✓ 2.1 Presence of a prohibited substance in athlete’s sample

✓ 2.2 Use or attempted use of a prohibited substance or method

✓ 2.3 Evading, refusing or failing to submit to sample collection

✓ 2.4 Failure to file athlete whereabouts information
ANTI-DOPING RULE VIOLATIONS 2.5-2.11
1. Presence of a prohibited substance in athlete's sample

2. Use or attempted use of a prohibited substance or method

3. Evading, refusing or failing to submit to sample collection

4. Failure to file athlete whereabouts information

5. Tampering with any part of the doping control process or results management

6. Possession of a prohibited substance or method

7. Trafficking a prohibited substance or method

8. Administration or attempted administration of a prohibited substance or method

9. Complicity or attempted complicity in an ADRV

10. Prohibited association by an athlete or other person

11. Acts by an athlete or other person to discourage or retaliate against reporting to authorities

Acts by an athlete or other person to discourage or retaliate against reporting to authorities
YOUR ATHLETE

Know which type of athlete you work with - Youth, Talented, National, International? The anti-doping responsibilities they have, as well as how the rules and procedures are applied, may be different.

For example:

- Who should provide anti-doping education to you and your athlete?
- Which anti-doping rules is your athlete bound by?
- Are there modifications to the testing process because your athlete is a minor?
- Does your athlete need to submit Whereabouts information and if so, to which organisation?
IN SUMMARY...

All members of the WBSC community are subject to the global anti-doping rules as outlined in the World Anti-Doping Code and the International Standards.

There are 11 Anti-Doping Rule Violations (ADRVs). All 11 apply to athletes and 7 apply to athletes, athlete support personnel and other members of the sport community.

These rules are in place to protect athletes' health and their right to clean, fair competition.

You are responsible for proactively communicating these rules to your sport community and making sure that your athletes and athlete support personnel are educated.

You can be a positive or a negative influence on your team and your athletes. It is important that you take a proactive role in doping prevention.
PRINCIPLES AND VALUES OF CLEAN SPORT

WBSC
VALUES AND TRAITS

Your values are part of your personality.

When you connect with your personal values, you can chart a course that’s right for you - you align your motivations with your actions.

Personal values are the things that are important to us. They are characteristics and behaviours that motivate us and guide our decisions.

VALUES MATTER BECAUSE...

You feel better when you live according to your values.

You feel worse when you do not live according to your values.

This applies both to day-to-day decisions and to larger life choices.
QUESTION

WHAT ARE 3 VALUES THAT ARE IMPORTANT TO ME AS A PERSON?
<table>
<thead>
<tr>
<th>Loyalty</th>
<th>Compassion</th>
<th>Security</th>
<th>Recognition</th>
<th>Responsibility</th>
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<tbody>
<tr>
<td>Freedom</td>
<td>Dedication</td>
<td>Beauty</td>
<td>Excellence</td>
<td>Health</td>
</tr>
<tr>
<td>Creativity</td>
<td>Patience</td>
<td>Morality</td>
<td>Accountability</td>
<td>Respect</td>
</tr>
<tr>
<td>Courage</td>
<td>Empathy</td>
<td>Inspiration</td>
<td>Trustworthiness</td>
<td>Faith</td>
</tr>
<tr>
<td>Humor</td>
<td>Cooperation</td>
<td>Equality</td>
<td>Power</td>
<td>Helpfulness</td>
</tr>
<tr>
<td>Success</td>
<td>Advancement</td>
<td>Love</td>
<td>Honesty</td>
<td>Knowledge</td>
</tr>
<tr>
<td>Determination</td>
<td>Wealth</td>
<td>Friendship</td>
<td>Integrity</td>
<td>Wisdom</td>
</tr>
</tbody>
</table>
VULNERABILITY MOMENTS

- Entering a higher level of competition (e.g. making the senior National Team)
- Changing clubs or training environment (e.g. moving to a centralised training location)
- Pressure to win (Financial, emotional, self-imposed or imposed by entourage)
- Injuries (e.g. attempts to accelerate recovery and return to the field of play)
- Loss in competition
CONSEQUENCES
CONSEQUENCES

MENTAL HEALTH
- END OF CAREER
- SANCTIONS
- PERSONAL BAN FROM ALL SPORT
- PUBLIC CONTEMPT

FINANCIAL PENALTIES
- DISQUALIFICATION
- LONG-TERM EFFECTS

LOSS OF MEDALS
- ADRV PUBLICATION
- ECONOMIC LOSS

PHYSICAL HEALTH
- DISQUALIFICATION

SOCIAL
- END OF CAREER

ECONOMIC LOSS
- DISQUALIFICATION

Effects of Performance Enhancing Drugs with Yulia Stepanova – YouTube
Effects of Performance Enhancing Drugs with Tyler Hamilton - YouTube
Anyone bound by the anti-doping rules is obliged to report any knowledge or suspicions of rule violations and to cooperate fully with investigations.

Every piece of information is important in the fight for clean sport so anything can be reported. Your report can be the last missing piece in a larger puzzle.

Information provided ensures that WBSC can support honest athletes in achieving their goals.
Welcome to ADEL!
The global Anti-Doping Education and Learning platform. ADEL welcomes anyone who wants to learn about clean sport. Register and join ADEL to discover how we can support you. Together we can protect clean sport.
TRAIN HARD. COMPETE CLEAN.

Being the first to the finish line is just part of what it takes. As an athlete, fair play and integrity are just as important as muscle strength, skills or speed.

We know that your reputation matters as much as your sporting achievements. Competing clean is a priority, and we are here to work alongside you to help you navigate all the complexities related to anti-doping.

The ITA Athlete Hub helps you understand your rights and responsibilities, supports you with important administrative tasks such as submitting a TUE or a retirement form, and gives you access to a comprehensive collection of resources. Check in with our posts to keep up to date with the latest on anti-doping news and developments from our Education Team.

Anti-Doping

The word doping is probably derived from the Dutch word "dop", the name of an alcoholic beverage made of grape skins used by Zulu warriors in order to enhance their prowess in battle. The term became current around the turn of the 20th century, originally referring to illegal drugging of racehorses. The practice of enhancing performance through foreign substances or other artificial means, however, is as old as competitive sport itself.

Doping is the word used in sport when athletes use prohibited substances or methods to unfairly improve their sporting performance.
ITA MONTHLY WEBINARS

ITA webinar - The Athlete Biological Passport - A Practical Guide
107 views • 4 weeks ago

ITA webinar – Integrity of Competition
113 views • 1 month ago

ITA Webinar "Nutrition and dietary supplements - all you..."
133 views • 2 months ago

ITA webinar: The legal side of anti-doping
178 views • 6 months ago

ITA webinar: Nutrition and dietary supplements
772 views • 7 months ago

ITA webinar: Revealing doping in sport
313 views • 7 months ago
ITA IF SERIES WEBINARS
IN COLLABORATION WITH WBSC

INTRODUCTION TO ANTI-DOPING
26 MAY 14:00-15:00 CET
English, 简体中文, 한국어, español, français, русский

MEDICATIONS, SUPPLEMENTS PROHIBITED LIST AND TUEs
9 JUNE 14:00-15:00 CET
English, 简体中文, 한국어, español, français, русский

OUT-OF-COMPETITION TESTING
23 JUNE 14:00-15:00 CET
English, 简体中文, 한국어, español, français, русский
USEFUL RESOURCES

WHEREABOUTS
ADAMS Log-in page
ADAMS General Information
Athlete Central
WADA Whereabouts Q&A
WADA Athlete Whereabouts Leaflet

SUPPLEMENTS
Informed Sport
NSF Certified for Sport
Kölner Liste
AIS Sports Supplement Framework
USADA TrueSport supplement Guide

THE DOPING CONTROL PROCESS

MEDICATIONS
The Prohibited List
GlobalDRO
USEFUL RESOURCES

- WADA
  - The Code
  - The Prohibited List
  - International Standards
  - List of Code Signatories
  - Anti-Doping Rights Act
- NADOs
  - List of NADOs
  - iNADO
- CAS
  - CAS website
- ITA
  - ITA website
  - ITA Athlete Hub
- IFs
  - WBSC
- LABS
  - WADA-accredited laboratories
- NFs
- MEOs
- NOCs
  - List of NOCs

ATHLETES

ASP
LAW
CAS
LABS
NFs
MEOs
NOCs
WADA
NADOs
IFs
ITC
IOC website
Athlete365
WHERE TO GO IF YOU HAVE QUESTIONS

- ANTIDOPING@WBSC.ORG
- EDUCATION@ITA.SPORT
- YOUR NADO
THANK YOU!
ANTIDOPING@WBSC.ORG
EDUCATION@ITA.SPORT
WBSC