



WBSC

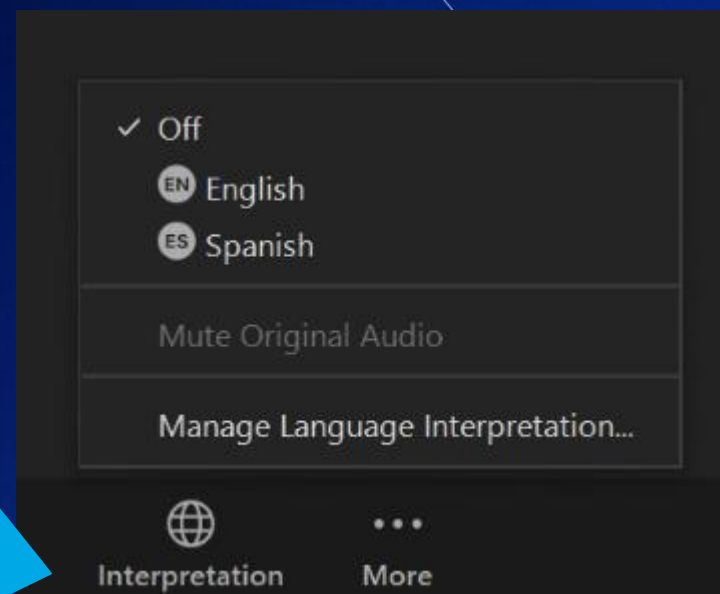
ANTI-DOPING EDUCATION WEBINAR

For Baseball and
Softball National Federations



SIMULTANEOUS TRANSLATION

Traducción en simultáneo en español





WELCOME!



WHO WE ARE



ITA's mission is to protect the health of the athletes and the integrity of international sports competitions. The ITA offers comprehensive anti-doping services, independent from sporting or political powers to International Federations (IFs), Major Event Organisers (MEOs), and all other anti-doping organisations requesting support.

WBSC: DELEGATION OF ACTIVITIES



ATHLETE
BIOLOGICAL
PASSPORT



OUT-OF-
COMPETITION
TESTING



RESULTS
MANAGEMENT



RISK
ASSESSMENT



EDUCATION



THERAPEUTIC USE
EXEMPTIONS



TEST DISTRIBUTION
PLANNING



WHEREABOUTS
FAILURES

ANTI-DOPING IN CONTEXT - UNESCO

- ☒ International Cooperation
- ☒ Education
- ☒ Capacity Building





AUDIENCE QUESTION

DOES YOUR NATIONAL FEDERATION HAVE A
PERSON RESPONSIBLE FOR ANTI-DOPING?

- ☐ YES
- ☐ NO
- ☐ I DO NOT KNOW

NETWORK AND CAPACITY BUILDING

- ☒ WBSC CONGRESS
- ☒ NATIONAL FEDERATION ADMINISTRATOR NETWORK
- ☒ ACTION – SEND WBSC CONTACT DETAILS



BY THE END OF TODAY'S SESSION, YOU SHOULD...

- ☒ Have a good overview of the rules global anti-doping landscape
 - ☒ Understand Anti-Doping Rules & know which Anti-Doping Rule Violations apply to you
 - ☒ Understand the anti-doping roles and responsibilities of National Federations
 - ☒ Be able to describe Principles and Values of Clean Sport and be familiar with the consequences of Doping
 - ☒ Know how to report doping behaviour
 - ☒ Understand the support available from WBSC and the resources to assist in anti-doping education
-

AGENDA

01.

The Rules

02.

Roles &
Responsibilities

03.

Anti-Doping
Rule Violations

04.

Consequences
of Doping

05.

Principles and
Values of
Clean Sport

06.

Speaking Up

07.

Resources/
Community

08.

Q&A





THE RULES



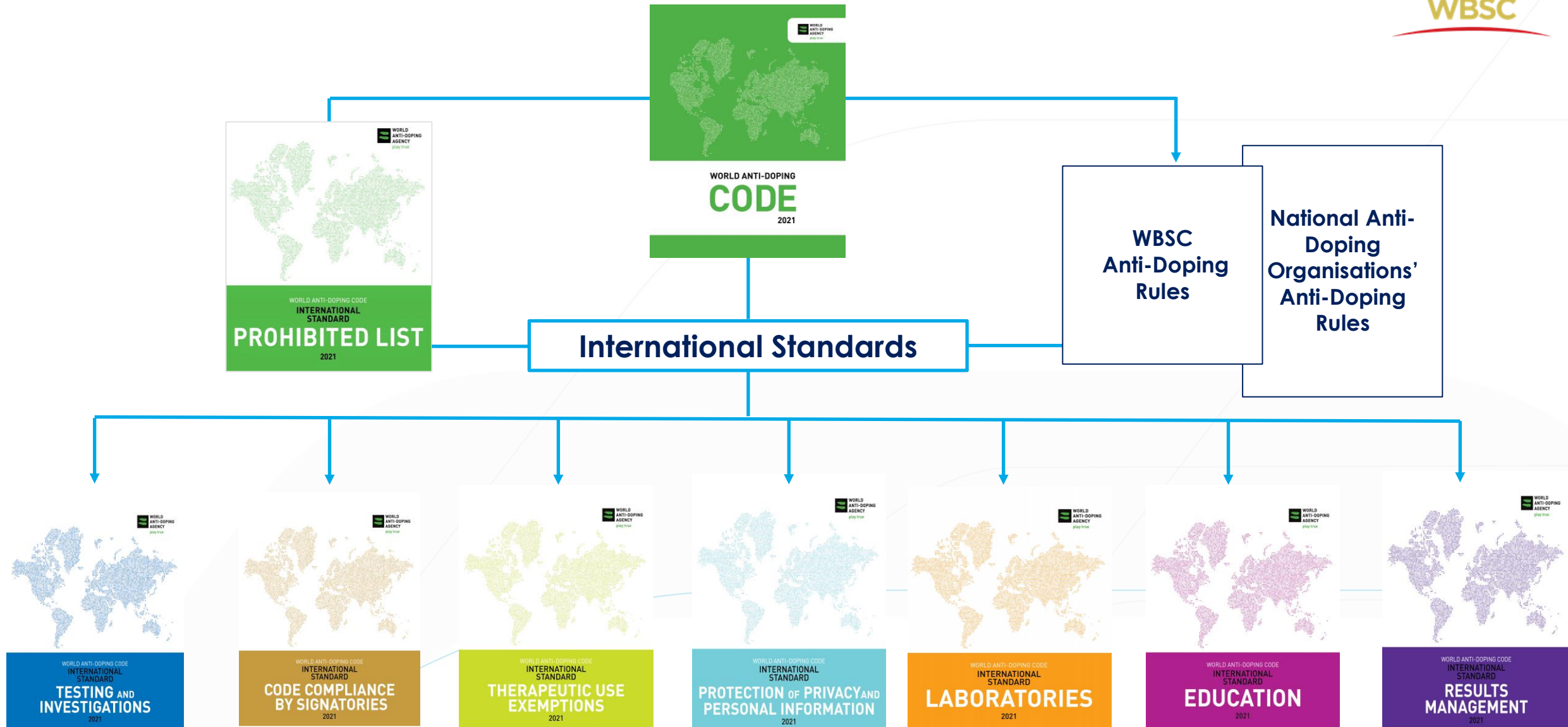
THE ANTI-DOPING ECOSYSTEM

WBSC

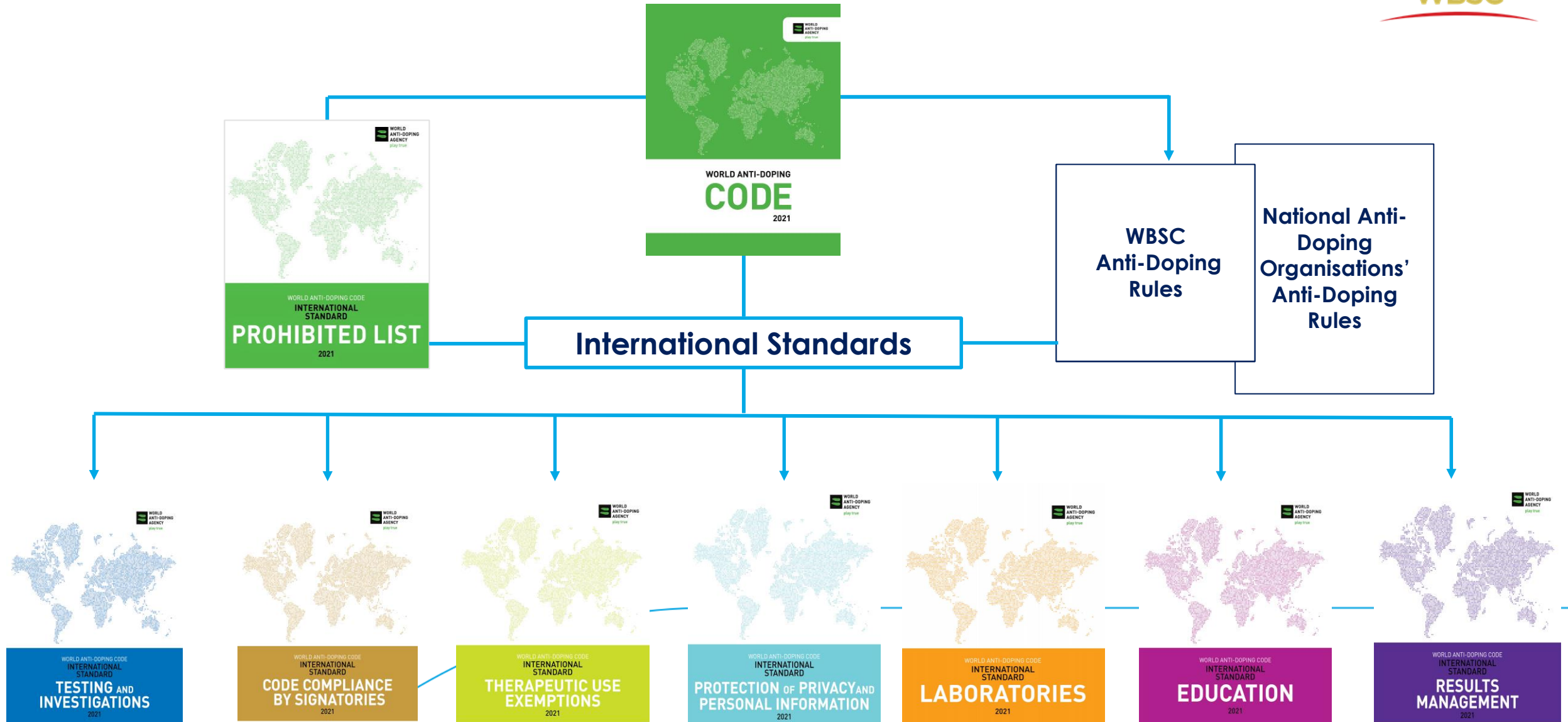
ITA
KEEPING SPORT REAL



THE RULES



THE RULES

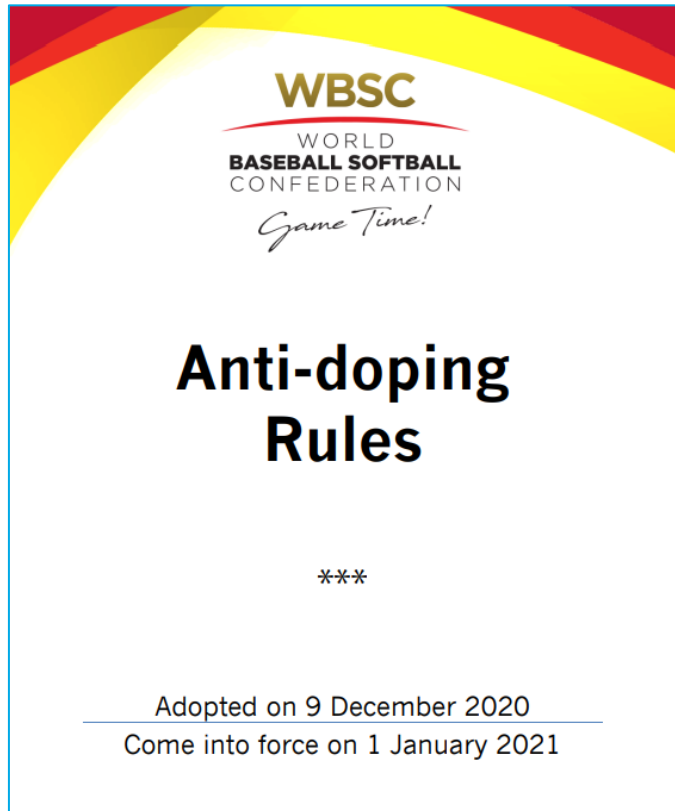




ROLES & RESPONSIBILITIES



WBSC ANTI-DOPING RULES



-  Article 18 Additional Roles and Responsibilities of National Federations
-  Comply with Code, International Standards and WBSC Anti-Doping Rules
-  Incorporate Rules in National Federation governing documents
-  Cooperate and support WBSC and National Anti-Doping Organisation (including in Education)

ROLES & RESPONSIBILITIES OF ATHLETE SUPPORT PERSONNEL



21.2.1 To be knowledgeable of and comply with all antidoping policies and rules adopted pursuant to the Code and which are applicable to them or the Athletes whom they support.

21.2.2 To cooperate with the Athlete Testing program.

21.2.3 To use their influence on Athlete values and behavior to foster anti-doping attitudes.

21.2.4 To disclose to their National Anti-Doping Organization and International Federation any decision by a non-Signatory finding that they committed an anti-doping rule violation within the previous ten (10) years.

21.2.5 To cooperate with Anti-Doping Organizations investigating anti-doping rule violations.

21.2.6 Athlete Support Personnel shall not Use or Possess any Prohibited Substance or Prohibited Method without valid justification.

ROLES & RESPONSIBILITIES OF OTHER PERSONS



21.3.1 To be knowledgeable of and comply with all anti-doping policies and rules adopted pursuant to the Code and which are applicable to them.

21.3.2 To disclose to their National Anti-Doping Organization and International Federation any decision by a non-Signatory finding that they committed an anti-doping rule violation within the previous ten (10) years.

21.3.3 To cooperate with Anti-Doping Organizations investigating anti-doping rule violations.



ATHLETE RIGHTS AND RESPONSIBILITIES



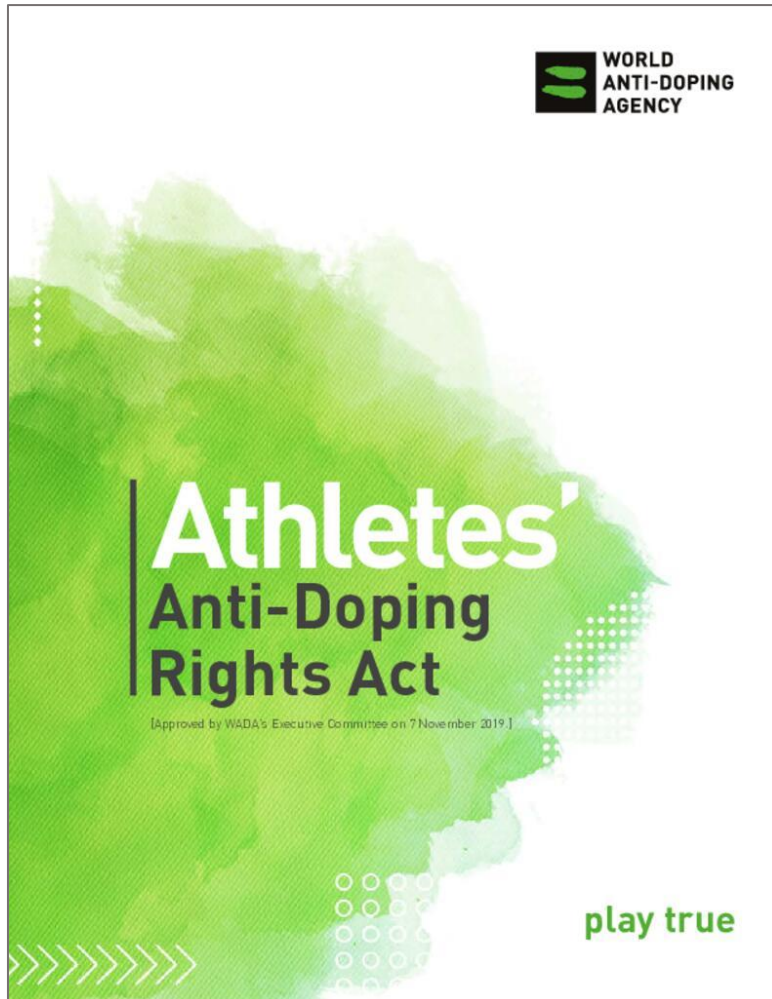


AUDIENCE QUESTION

THE ATHLETES' ANTI-DOPING RIGHTS ACT IS...

- ❑ ONE OF THE 8 INTERNATIONAL STANDARDS
- ❑ THE ONLY ANTI-DOPING DOCUMENT ATHLETES NEED TO BE FAMILIAR WITH
- ❑ A DOCUMENT DEVELOPED BY WADA'S ATHLETE COMMITTEE IN CONSULTATION WITH THOUSANDS OF ATHLETES AND KEY STAKEHOLDERS IN ANTI-DOPING
- ❑ A LEGALLY BINDING DOCUMENT WRITTEN BY THE WADA EXECUTIVE COMMITTEE

ATHLETES' ANTI-DOPING RIGHTS ACT



As well as their roles and responsibilities, your athlete also has rights within the anti-doping system.



One key document consolidating the most important Athlete Rights in anti-doping








Based on the 2021 Code and International Standards

Aims to ensure that athlete rights within anti-doping are:

- ✓ clearly set out
- ✓ accessible
- ✓ universally applicable

ATHLETES' RESPONSIBILITIES

-  Know and follow the rules
-  Be available for sample collection
-  Take the responsibility for what they ingest
-  Inform medical personnel of their obligations as an athlete
-  Cooperate with Anti-Doping Organisations (WADA, ITA, etc.) and your Sport Federation (WBSC)

PRINCIPLE OF STRICT LIABILITY

The athlete is solely responsible for any substance which is found in their body, regardless of whether there was an intention to cheat or not.





THE PROHIBITED LIST



THE PROHIBITED LIST



- ✓ Developed by the World Anti-Doping Agency
- ✓ Contains the prohibited substances and methods
- ✓ Published in October of each year and comes into force on January 1 of the following year

“Athlete Support Personnel shall not Use or Possess any Prohibited Substance or Prohibited Method without valid justification.”

NAVIGATING THE PROHIBITED LIST



Prohibited at all times



Prohibited only during In-Competition



Prohibited in particular sports

NOT APPLICABLE TO WBSC



WHEREABOUTS





AUDIENCE QUESTION

WHEREABOUTS IS:

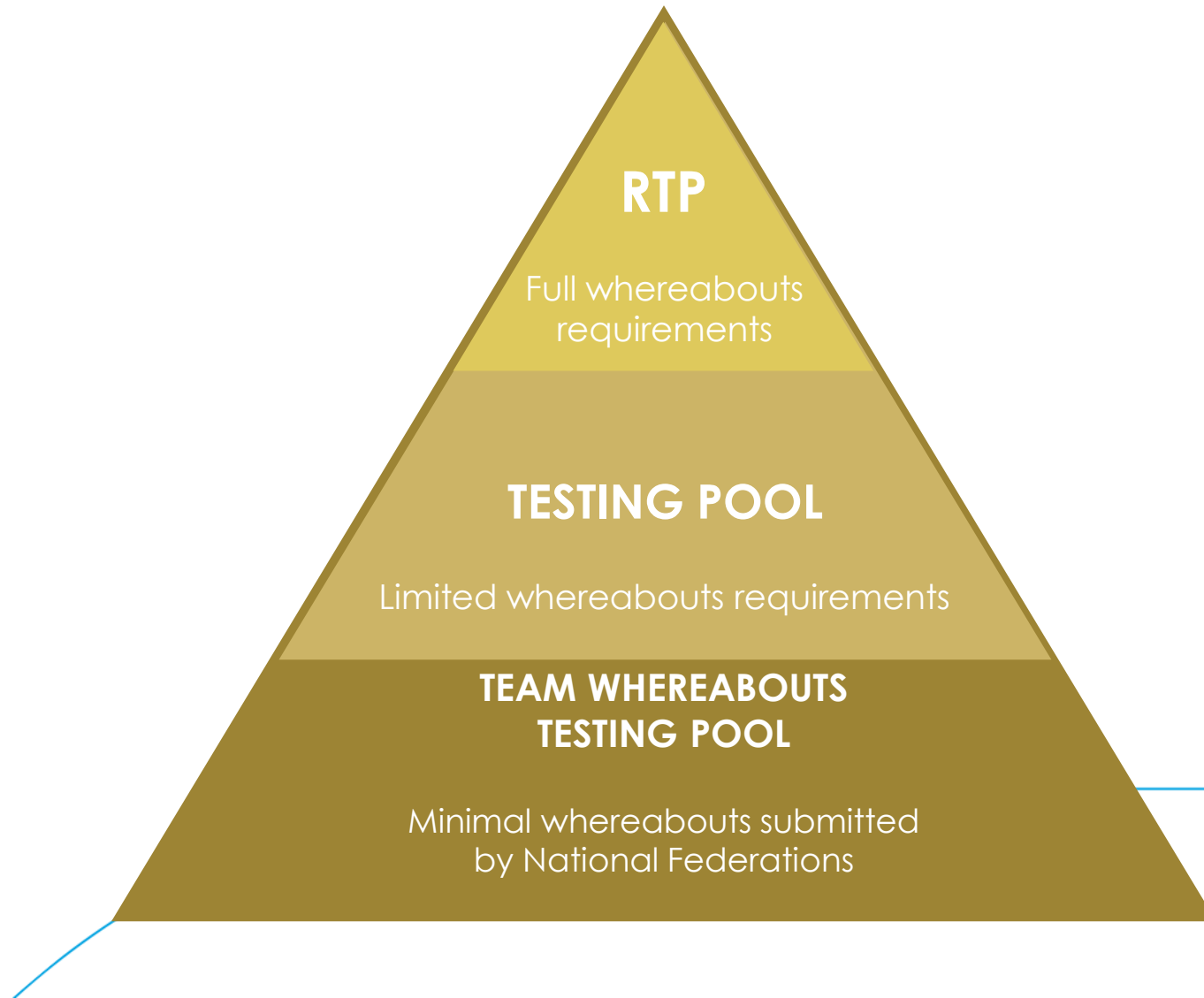
- ☐ WHERE THE ATHLETE IS TRAINING
 - ☐ WHERE THE ATHLETE IS COMPETING
 - ☐ WHERE THE ATHLETE TRAVELLING
 - ☐ ALL OF ABOVE
 - ☐ NONE OF THE ABOVE
-

WHAT ARE WHEREABOUTS?

- ✓ Whereabouts are information provided by a limited number of top elite athletes about their location
- ✓ Information is provided in the form of quarterly filings as per the requirements of the Anti-Doping Organisation requesting the information
- ✓ Whereabouts information is uploaded onto a secure platform and can only be accessed by the authorised person acting on behalf of the Anti-Doping Organisations with authority to conduct the OOC Testing

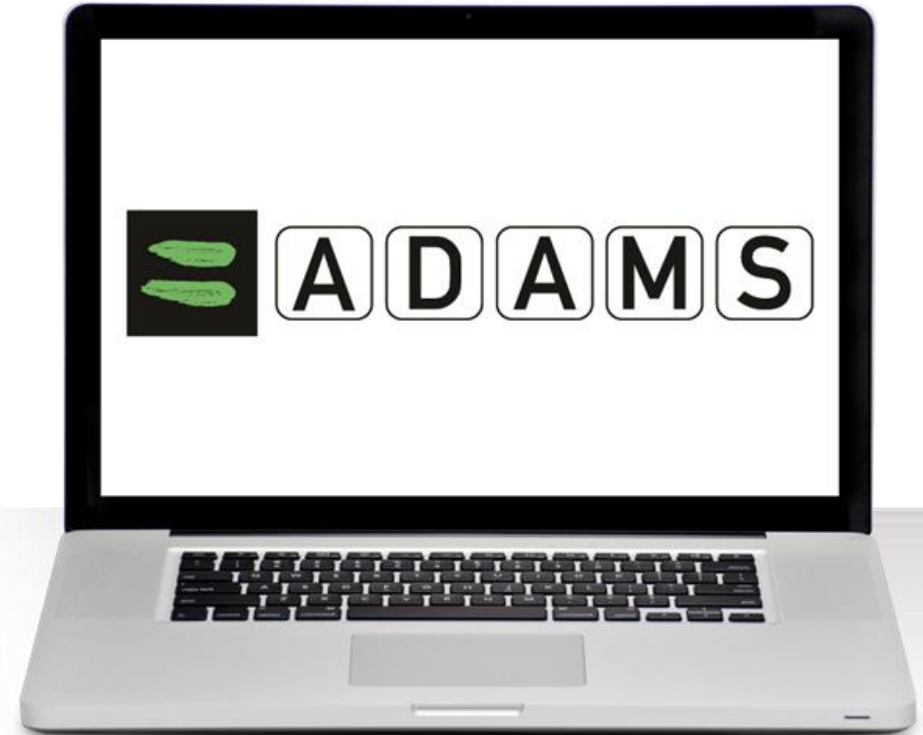


TESTING POOLS



ADAMS

The [Anti-Doping Administration and Management System](#) (ADAMS) is a Web-based database management tool for data entry, storage, sharing, and reporting designed to assist stakeholders and WADA in their anti-doping operations in conjunction with data protection legislation.





ANTI-DOPING RULE VIOLATIONS





AUDIENCE QUESTION

DO ANTI-DOPING RULE VIOLATIONS APPLY ONLY TO ATHLETES?

☐ YES

☐ NO

ANTI-DOPING RULE VIOLATIONS



WBSC



- ✓ **2.1 Presence** of a prohibited substance in athlete's sample
- ✓ **2.2 Use or attempted use** of a prohibited substance or method
- ✓ **2.3 Evading, refusing or failing** to submit to sample collection
- ✓ **2.4 Failure** to file athlete whereabouts information

ANTI-DOPING RULE VIOLATIONS 2.5-2.11



11

ADRVs

11. Acts by an athlete or other person to **discourage or retaliate** against reporting to authorities

10. **Prohibited association** by an athlete or other person

9. **Complicity or attempted complicity** in an ADRV

8. **Administration or attempted administration of** a prohibited substance or method

7. **Trafficking** a prohibited substance or method

6. **Possession** of a prohibited substance or method

1. **Presence** of a prohibited substance in athlete's sample

2. **Use or attempted use** of a prohibited substance or method

3. **Evading, refusing or failing** to submit to sample collection

4. **Failure** to file athlete whereabouts information

5. **Tampering** with any part of the doping control process or results management

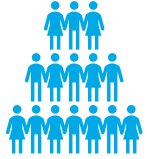
YOUR ATHLETE

Know which type of athlete you work with - Youth, Talented, National, International? The anti-doping responsibilities they have, as well as how the rules and procedures are applied, may be different.

For example:

- ✓ Who should provide anti-doping education to you and your athlete?
- ✓ Which anti-doping rules is your athlete bound by?
- ✓ Are there modifications to the testing process because your athlete is a minor?
- ✓ Does your athlete need to submit Whereabouts information and if so, to which organisation?

IN SUMMARY...



All members of the WBSC community are subject to the global anti-doping rules as outlined in the World Anti-Doping Code and the International Standards.



There are 11 Anti-Doping Rule Violations (ADRVs). All 11 apply to athletes and 7 apply to athletes, athlete support personnel and other members of the sport community.



These rules are in place to protect athletes' health and their right to clean, fair competition.



You are responsible for proactively communicating these rules to your sport community and making sure that your athletes and athlete support personnel are educated.



You can be a positive or a negative influence on your team and your athletes. It is important that you take a proactive role in doping prevention.



PRINCIPLES AND VALUES OF CLEAN SPORT



VALUES AND TRAITS



Your **values** are part of your **personality**



When you connect with your personal values, you can chart a course that's right for you - **you align your motivations with your actions**



Personal values are the things that are important to us. They are characteristics and behaviours that **motivate us and guide our decisions**

VALUES MATTER BECAUSE...

You feel better when you live according to your values.

You feel worse when you do not live according to your values.

This applies both to day-to-day decisions and to larger life choices.

QUESTION

WHAT ARE **3** VALUES THAT
ARE IMPORTANT TO ME
AS A PERSON?



LOYALTY

COMPASSION

SECURITY

RECOGNITION

RESPONSIBILITY

FREEDOM

DEDICATION

BEAUTY

EXCELLENCE

HEALTH

CREATIVITY

PATIENCE

MORALITY

ACCOUNTABILITY

RESPECT

COURAGE

EMPATHY

INSPIRATION

TRUSTWORTHINESS

FAITH

HUMOR

COOPERATION

EQUALITY

POWER

HELPFULNESS

SUCCESS

ADVANCEMENT

LOVE

HONESTY

KNOWLEDGE

DETERMINATION

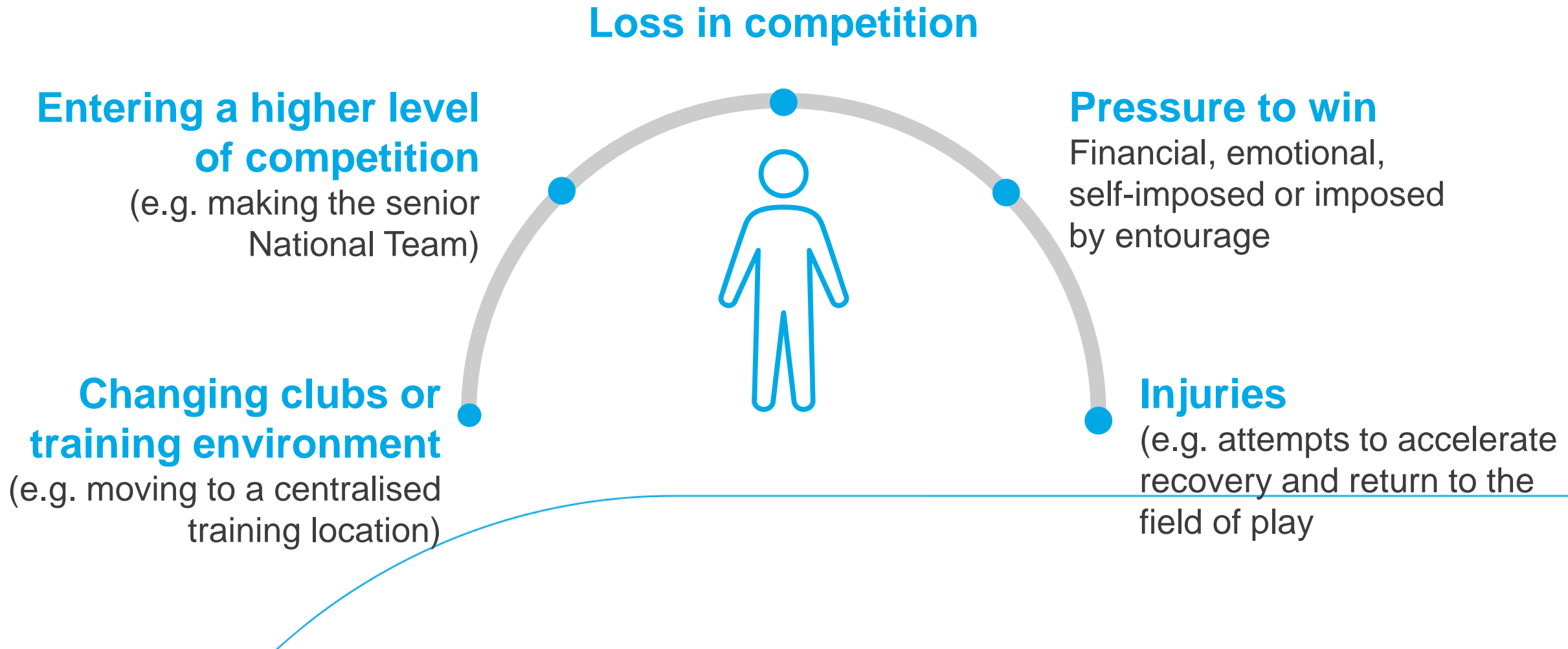
WEALTH

FRIENDSHIP

INTEGRITY

WISDOM

VULNERABILITY MOMENTS





CONSEQUENCES



CONSEQUENCES



[Effects of Performance Enhancing Drugs with Yulia Stepanova – YouTube](#)
[Effects of Performance Enhancing Drugs with Tyler Hamilton - YouTube](#)



SPEAKING UP



SPEAKING UP



WHO?

Anyone bound by the anti-doping rules is obliged to report any knowledge or suspicions of rule violations and to cooperate fully with investigations.

WHAT?

Every piece of information is important in the fight for clean sport so anything can be reported. Your report can be the last missing piece in a larger puzzle.

WHY?

Information provided ensures that WBSC can support honest athletes in achieving their goals.

REVEAL.SPORT

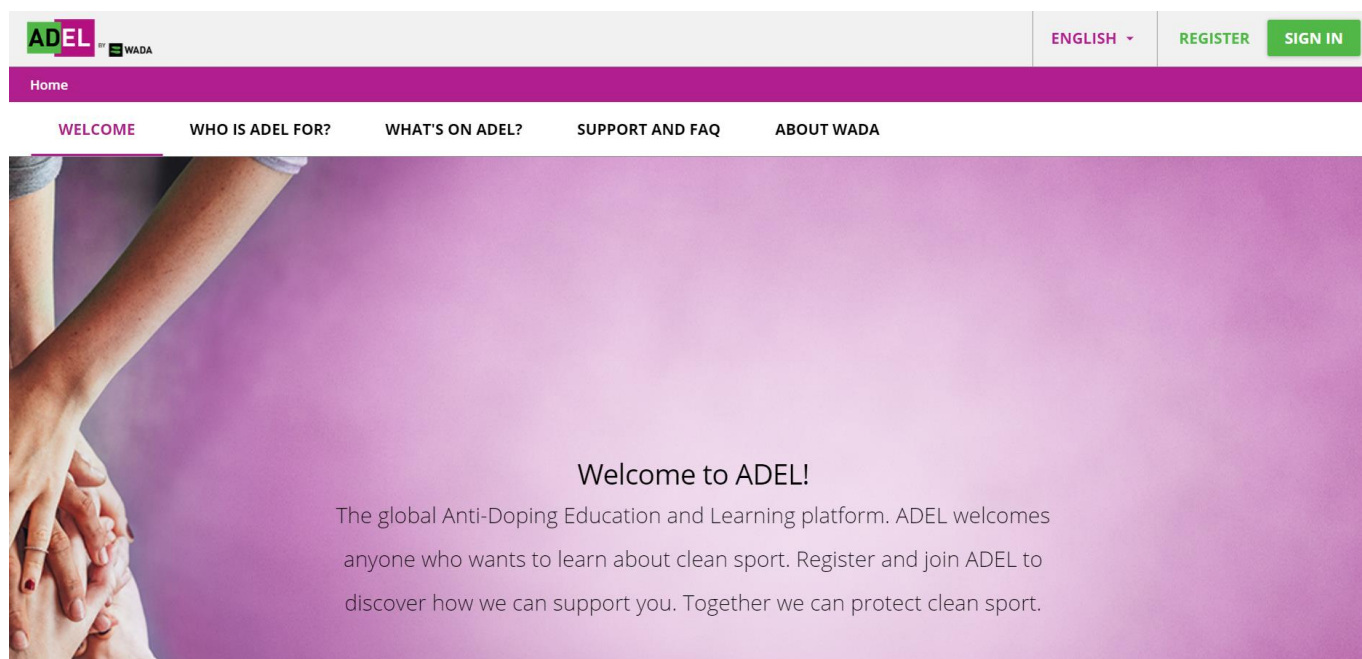
SPEAK UP



RESOURCES



ADEL



-  National-level athletes
High Performance
-  Coaches' Education Program
-  Medical Professional's
Education Program
-  Parents of Elite Athletes
Education Program

WBSC WEBSITE & ITA ATHLETE HUB



Athlete Hub

TRAIN HARD. COMPETE CLEAN.

Being the first to the finish line is just part of what it takes. As an athlete, fair play and integrity are just as important as muscle strength, skills or speed.

We know that your reputation matters as much as your sporting achievements. Competing clean is a priority, and we are here to work alongside you to help you navigate all the complexities related to anti-doping.

The ITA Athlete Hub helps you understand your rights and responsibilities, supports you with important administrative tasks such as submitting a TUE or a retirement form, and gives you access to a comprehensive collection of resources. Check in with our posts to keep up to date with the latest on anti-doping news and developments from our Education Team.

REVEAL INFORMATION



SUBMIT A TUE



CHECK YOUR MEDICATION



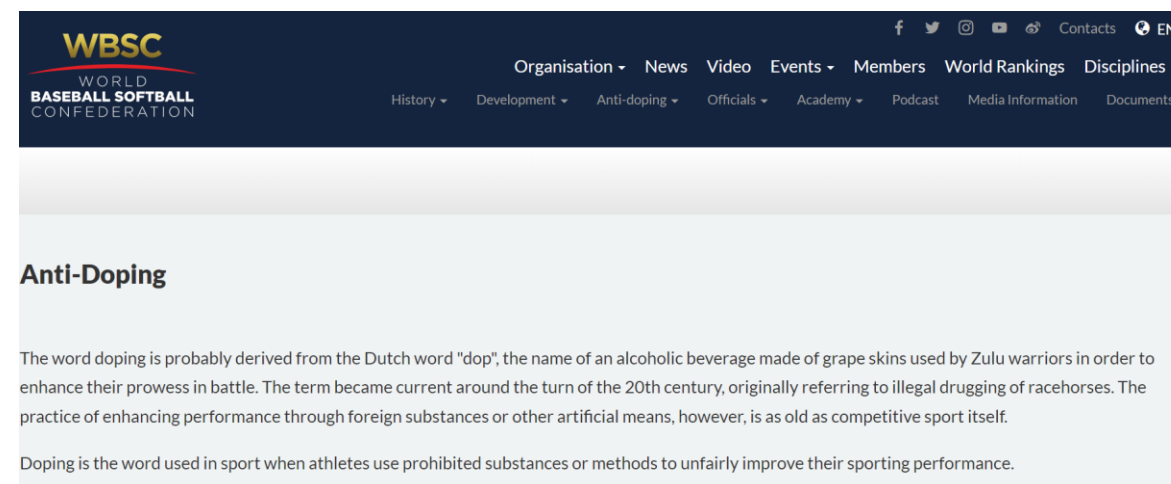
CHECK YOUR SUPPLEMENTS



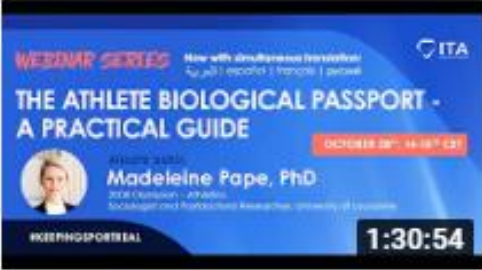





ACCESS ADAMS



ITA TUTORIALS - ADAMS



ITA MONTHLY WEBINARS

 <p>THE ATHLETE BIOLOGICAL PASSPORT - A PRACTICAL GUIDE</p> <p>October 30th 14:30^h CEST</p> <p>Madeleine Pape, PhD</p> <p>1:30:54</p>	 <p>INTEGRITY OF COMPETITION</p> <p>September 30th 14:30^h CEST</p> <p>Gabriel Sagastume</p> <p>1:30:59</p>	 <p>NUTRITION AND DIETARY SUPPLEMENTS</p> <p>August 30th 14:30^h CEST</p> <p>Linden Hall, OLY</p> <p>1:31:00</p>
<p>ITA webinar - The Athlete Biological Passport - A...</p> <p>107 views • 4 weeks ago</p>	<p>ITA webinar – Integrity of Competition</p> <p>113 views • 1 month ago</p>	<p>ITA Webinar "Nutrition and dietary supplements - all yo...</p> <p>133 views • 2 months ago</p>
 <p>THE LEGAL SIDE OF ANTI-DOPING: FRAMEWORK AND RESULTS MANAGEMENT OF ADRVs</p> <p>May 20th 14:30^h CEST</p> <p>1:28:18</p>	 <p>NUTRITION AND DIETARY SUPPLEMENTS</p> <p>April 27th 14:30^h CEST</p> <p>1:24:15</p>	 <p>REVEALING DOPING IN SPORT</p> <p>March 27th 14:30^h CEST</p> <p>1:23:27</p>
<p>ITA webinar: The legal side of anti-doping</p> <p>178 views • 6 months ago</p>	<p>ITA webinar: Nutrition and dietary supplements</p> <p>772 views • 7 months ago</p>	<p>ITA webinar: Revealing doping in sport</p> <p>313 views • 7 months ago</p>

ITA IF SERIES WEBINARS IN COLLABORATION WITH WBSC



USEFUL RESOURCES

WHEREABOUTS

[ADAMS Log-in page](#)

[ADAMS General Information](#)

[Athlete Central](#)

[WADA Whereabouts Q&A](#)

[WADA Athlete Whereabouts Leaflet](#)

SUPPLEMENTS

[Informed Sport](#)

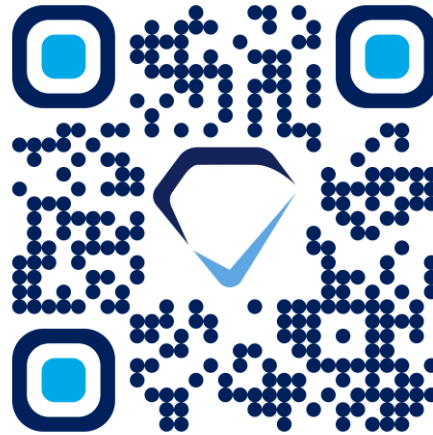
[NSF Certified for Sport](#)

[Kölner Liste](#)

[AISS Sports Supplement Framework](#)

[USADA TrueSport supplement Guide](#)

THE DOPING CONTROL PROCESS

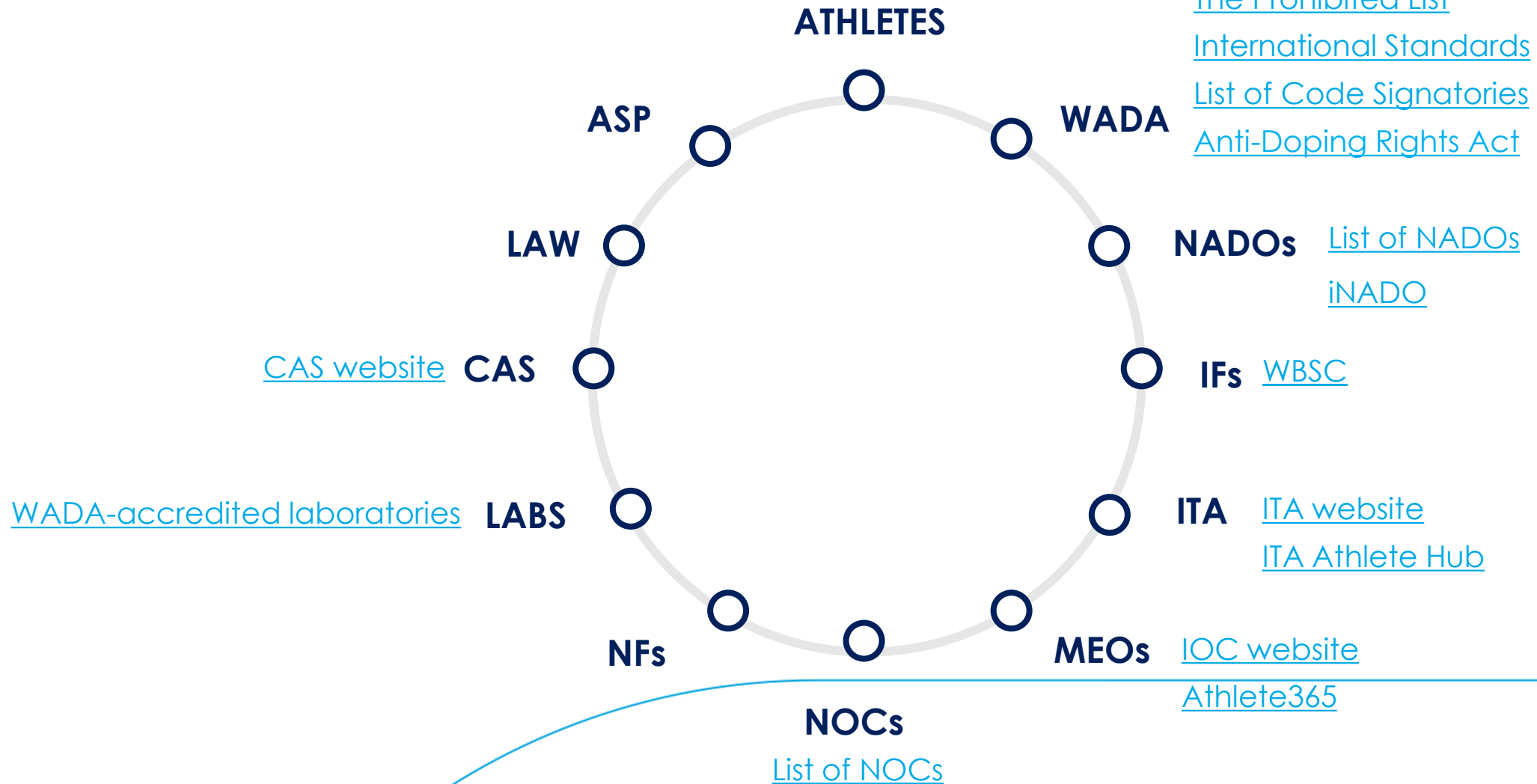


MEDICATIONS

[The Prohibited List](#)

[GlobalDRO](#)

USEFUL RESOURCES



WHERE TO GO IF YOU HAVE QUESTIONS

- ✓ ANTIDOPING@WBSC.ORG
- ✓ EDUCATION@ITA.SPORT
- ✓ YOUR NADO





Q&A





THANK YOU!

ANTIDOPING@WBSC.ORG

EDUCATION@ITA.SPORT

