

PREVENTING COMPETITION MANIPULATION

# BE TRUE BE YOU BE PART OF THE TEAM

Cheating to win is well known, but would you cheat by losing a competition or part of it on purpose? This is called competition manipulation. To avoid manipulation linked to betting, it is prohibited to bet on your sport. Many athletes don't know the rules and risk heavy sanctions! Learn more about it:

[olympic.org/believeinsport](https://olympic.org/believeinsport)

## CODE OF CONDUCT

As a member of your Commission, you are responsible for knowing and communicating the four rules:

**NEVER bet** on your own sport or the Olympic Games

**ALWAYS do your best** and never manipulate a competition

**NEVER share inside information.**

Non-public information about your sport stays private

**ALWAYS report** an approach to manipulate or anything suspicious: [www.olympic.org/integrityhotline](https://www.olympic.org/integrityhotline)

**"Ignorance is no excuse"**

**"Betting exists in all sports during the Olympic Games"**

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# HOW CAN YOU HELP?

### BECOME A REFERENCE PERSON

Be a point of contact for information and advice. You can use one of these tools: FAQ, video, online course

### SUPPORT THE IOC

#### Online:

- Support 365 campaigns
- Interview
- Blog posts

#### On-site:

- Help us host the IOC booth during major sporting events, Athletes' Commission Forum or YOG
- Participate in the filming of prevention videos
- Be interviewed on camera
- Share your input with the IOC

### ACTIVATE YOUR NETWORK

Organise some talks about the topic within your network:

1. Club
2. Regional training centre or federation
3. National Federation (different teams depending on their age)
4. National Olympic Committee
5. International Federation
6. Athletes counsel/commission or any other groups.

You can use one of these tools: video, presentation, role-play kit, e-learning

### SHARE THE INFO ON SOCIAL MEDIA

Share content on your social network channels. You can use one of the tools: visuals and logos, videos

### USE AND SHARE THE TOOLBOX

A variety of educational tools that are ready and free to use in more than six languages

[olympic.org/athlete365/competition-manipulation](https://olympic.org/athlete365/competition-manipulation)

### CONTACT US

Raise awareness about competition manipulation within your community

[believeinsport@olympic.org](mailto:believeinsport@olympic.org)

Let's act together!